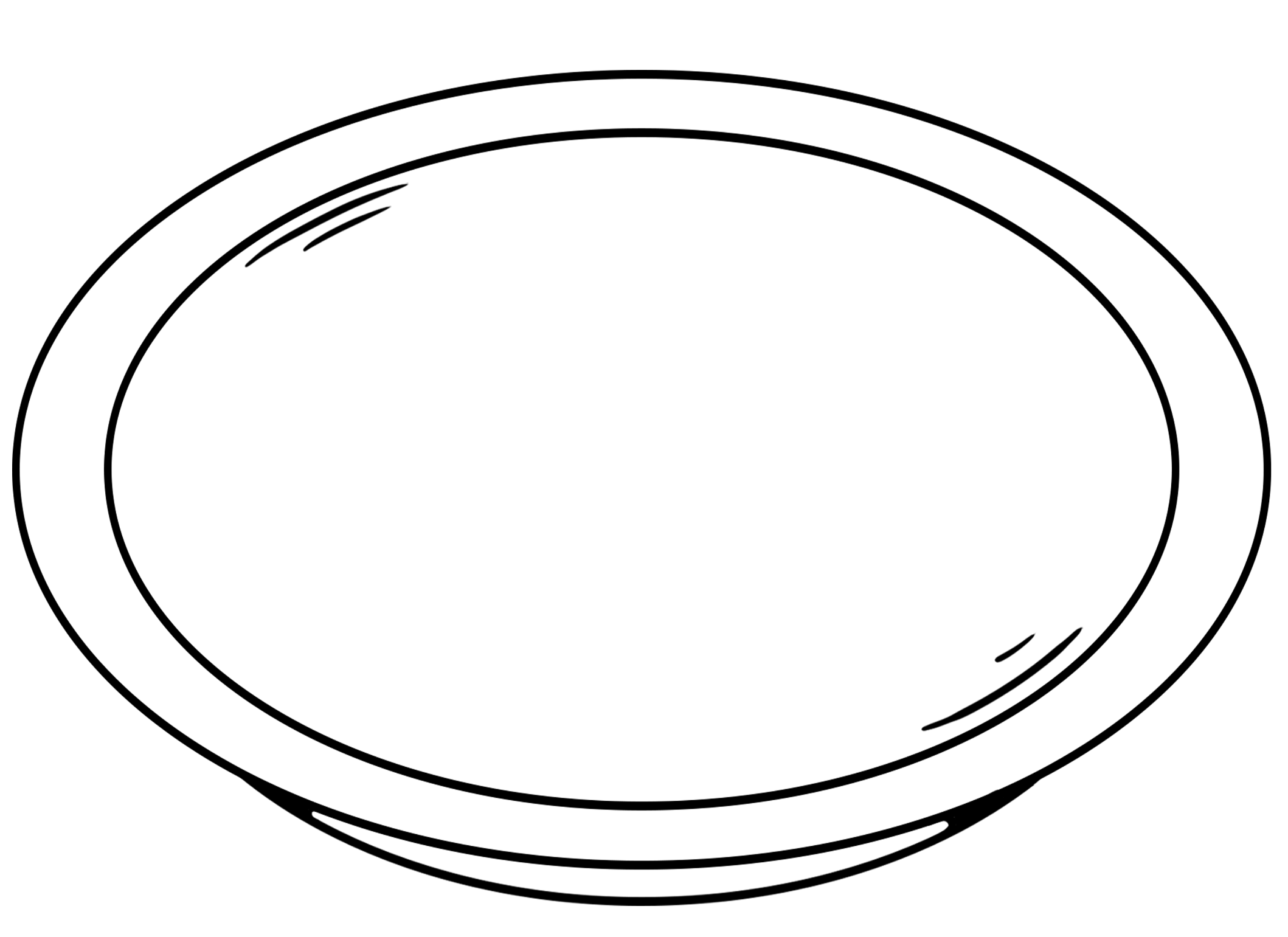


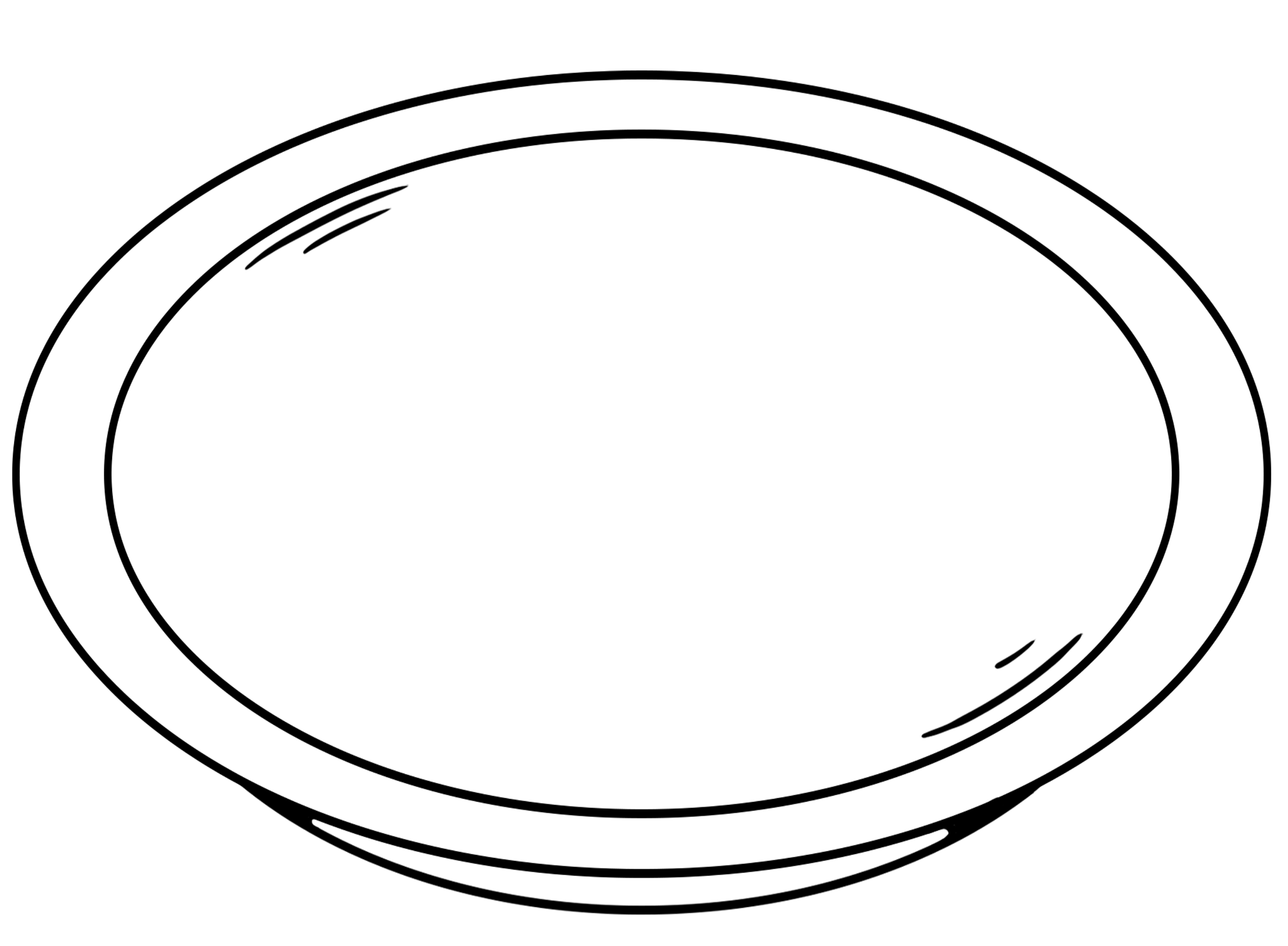
**Foods I should eat every day**

**Owe nindaa-miijin endaso-giizhik**



**Owe iidog ingoding nindaa-miijin**

**Foods I should eat sometimes**



**Foods I should eat as a treat**

**Ingoding gaa-zhiiwang nindaa-miijin**

