

Aaniin Ezhi-ayaayin? Kit

Materials Provided:

- Aaniin Ezhi-ayaayin? Check-in Chart
- Aaniin Ezhi-ayaayin? Book
- Aaniin Ezhi-ayaayin? Emotion Dice Inserts
- Aaniin Ezhi-ayaayin? Emotion Cards
- Aaniin Giinawaa? & Bizaan-ayaan Song Lyrics and Sound Bytes
- Aaniin Enamanji'od? Worksheet
- Aaniin i-nake'ii Enamanji'owaad? Chart
- Zones of Regulation Posters

Additional Materials Needed:

- Velcro sticky dots
- Photos of Students
- Scissors
- Refillable Dice
- Technology to listen to songs
- Playdoh
- Coloured Pieces

Kit Objective

When this kit is complete students should be able to:

- Express their current emotional state in Anishinaabemowin
- Identify the emotional state of other students and/or educators
- Identify the emotional state represented in a picture

Kit Outline

This kit consists of 5 lesson plans:

- Aaniin Ezhi-ayaayeg Noongom?
- Aaniin Ezhi-ayaayin? Mazina'igan
- Aaniin Giinawaa? Nagamowin
- Aaniin Enamanji'od?
- Aaniin i-nake'ii Enamanji'owaad?

There is not a set order or time limit on these lessons. The teacher may choose to do one activity before another based on class needs and understanding. The teacher may choose to repeat an activity multiple times in their classroom to improve understanding.

Aaniin Ezhi-ayaayin? Kit

Aaniin Ezhi-ayaayeg Noongom?

Lesson Objective

Materials:

- Printed Check-in Chart
- Velcro sticky dots
- Nametag or Photo for each child

Students will use the Check-in Chart to identify how they are feeling at the beginning of the day or the start of the activity focussed on emotional states.

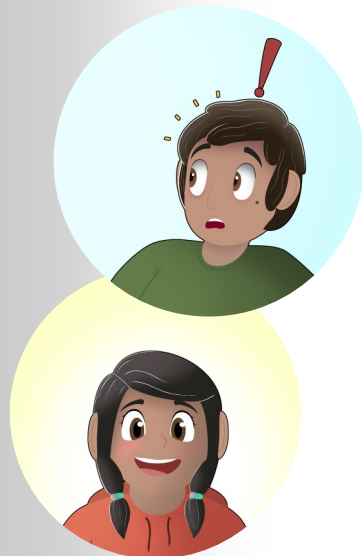
Lesson Outline

1. The teacher will prep the Check-in Chart. We recommend laminating the chart and using velcro sticky dots to adhere the photos. You will need a photo or name-tag for each child to affix to the chart as well. We recommend that you also laminate these.
2. At the begging of each day, or just for the focussed lesson, children can attach their nametag/photo to the column of the chart that matches how they are feeling.
3. After each child has attached their nametag/photo, the teacher can observe the children's emotional states and ask questions, have discussions, or check-in with a child on an individual basis.
4. An easy prompt to ask the child would be why they are feeling a certain way. This is the language formula for that question:

Aaniin dash wenji-_____yin?

Fill in the blank with the emotion the child is feeling i.e.

Aaniin dash wenji-nishkaadiziyin? Why are you angry?



Aaniin Ezhi-ayaayin? Kit

Aaniin Ezhi-ayaayin? Mazina'igan

Lesson Objective

Materials:

- Aaniin Ezhi-ayaayin? Book
- Aaniin Ezhi-ayaayin? Emotion Dice Inserts
- Refillable Dice
- Scissors

Students will learn first-person statements about their emotions while being read to.

Lesson Outline

1. The teacher will read Aaniin Ezhi-ayaayin? to the students.
2. As the book is read, encourage students to repeat the emotion statements and/or act them out.
3. After you are done reading you can use the emotion dice inserts and a refillable die to practice the words.
4. Have the students take turns rolling the die, when an emotion is rolled on the die have the students act it out and say it, i.e. if the angry picture shows up, they can cross their arms, frown, and say "Ninishkaadiz."



Aaniin Ezhi-ayaayin? Kit

Aaniin Giinawaa? Nagamowin

Lesson Objective

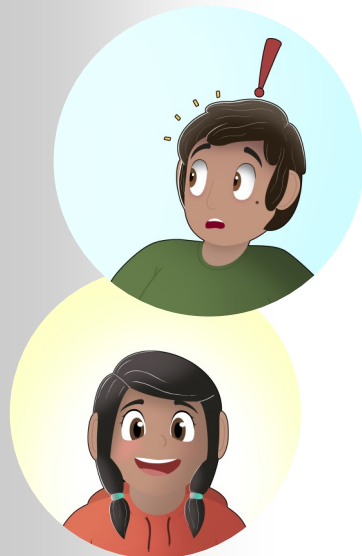
Materials:

- Aaniin Giinawaa? & Bizaan-ayaan Lyrics
- Aaniin Ezhi-ayaayin? Emotion Cards

Students will learn a song to help them identify and deal with their emotions.

Lesson Outline

1. Gather students together and sing the “Aaniin Giinawaa?” song with them.
2. Have a student volunteer to have their name used in the song, and to answer when you ask them “giin dash?” at the end of a verse.
3. It will be helpful to have the Aaniin Ezhi-ayaayin? Emotion cards nearby so they can point to their emotion if they need prompting.
4. If a student answers with Nimaanendam, then the teacher should invite them for hugs and sing the Bizaan-ayaan song to them with their classmates.



Aaniin Ezhi-ayaayin? Kit

Aaniin i-nake'ii Enamanji'owaad?

Lesson Objective

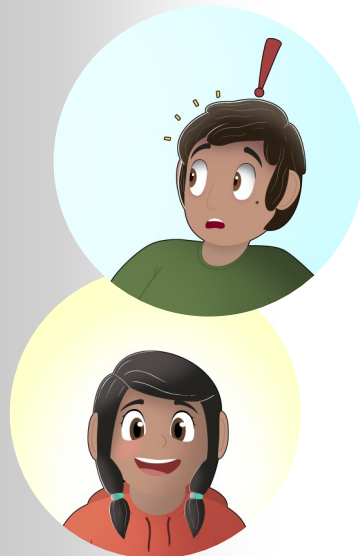
Materials:

- Aaniin i-nake'ii Enamanji'owaad? Chart
- Coloured pieces or chips in red, yellow, green, and blue
- Zones of Regulation Posters

Students will learn to identify different emotions within the Zones of Regulation.

Lesson Outline

- Print copies of the Aaniin i-nake'ii Enamanji'owaad? Chart and laminate.
- Using the Zones of Regulation posters as reference, have the student(s) attempt to identify what zone the character is in based on their expression.
- Have them place a coloured chip over that character. Note that they can use more than one colour if they feel it is needed.
- After the chart is complete, talk to the student(s) about their interpretations of the characters' emotions.



Aaniin Ezhi-ayaayin?

Student Assessment

Student Name: _____

Teacher Name: _____

Student Can:

- Express their current emotional state in Anishinaabemowin
- Identify the emotional state of other students and/or educators
- Identify the emotional state represented in a picture

Comments: