

# Zhiibiin!



## Zhiibiin!

zhiibigaadenin

zhiibininjiinin

zhiibinikenin

zhiibaawaganenin

zhiibizidenin

zaaminan

zaamin

## Stretch!

stretch your legs

stretch your fingers

stretch your arms

stretch your back

stretch your feet

touch it/them (inanimate)

touch it/them (animate)

Use 'zaaminan' or 'zaamin', and the 'Giin' column to teach children their body parts. You can say "zaaminan gishtigwaan" and they will learn to touch their head.

Body Part	Niin - Me	Giin - You	Wiin - S/he
Body	niiyaw	giiyaw	wiiyaw
Head	nishtigwaan	gishtigwaan	oshtigwaan
Eye(s)	nishkiinzhig(oon)	gishkiinzhig(oon)	oshkiinzhig(oon)
Ear(s)	nitawag(an)	gitawag(an)	otawag(an)
Nose	injaan	gijaan	ojaan
Mouth	nindoon	gidoon	odoon
Arm(s)	ninik(an)	ginik(an)	onik(an)
Hand(s)	nininj(iin)	gininj(iin)	oninj(iin)
Finger(s)	nininjiins(an)	gininjiins(an)	oninjiins(an)
Stomach	nimisad	gimisad	omisad
Back	nipikwan	gipikwan	opikwan
Leg(s)	nikaad(an)	gikaad(an)	okaad(an)
Knee(s)	ingidig(oog)	gidig(oog)	ogidig(oog)
Foot(Feet)	nizid(an)	gizid(an)	ozid(an)
Toe(s)	nizidens(an)	gizidens(an)	ozidens(an)